

SANMITRA MANDAL, CHANDRAPUR

P. B. Homoeopathic Medical College & Hospital, Chandrapur

Pathanpura Gate, At Arwat, Post Marda Ta. Dist. Chandrapur

E-mail Address :- pbhmc@rediffmail.com, pbhmcchandrapur@gmail.com

Recognized by National Commission for Homoeopathy Central Govt. of India New Delhi & Maharashtra Govt. of Mumbai Affiliated to Maharashtra University of Health Sciences, Nashik

Ref No. : PBHMC&H/ /2026

Date : / /2026

DEPARTMENT OF YOGA FOR HEALTH PROMOTION(Annexure 26)				
SpaceforYogainstructor,supportingstaffandequipment-40sq.mtr.				
DetailsofitemsofEquipment etcavailableasperMES Regulations				
1. EquipmentrequiredinDepartmentofYogaforHealth Promotion				
S. No	Items	Required	Available	Verified
1.1.	Weighingmachine	1	1	
1.2.	Height chart	1	1	
1.3.	Bloodpressureinstrument	1	1	
1.4.	Stethoscope	1	1	
1.5.	Torch	1	1	
1.6.	Hammer	1	1	
1.7.	Patientrecordregister	1	1	
1.8.	Casetaking Performa	As required	As required	
1.9.	Dietchartpad	As required	As required	
1.10.	Yogamat	35	12	
1.11.	Yogastretching belt	10	10	
1.12.	Yogaexerciseball	05	05	
1.13.	Bellytwister	02	02	
1.14.	Fitnesscycle	01	01	
1.15.	Palmball	05	05	
2. DetailsofTeachingFaculty				
	Designation	Required	Nameoffaculty	
	Yoga Instructor	02(1Male&1 Female)		
	Multi-taskingstaff	01	01	

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YOGA FOR HEALTH PROMOTION
Equipment List

Equipment required in Department of Yoga for Health Promotion

Sr. No.	Name of instrument	Quantity	Available
1.	Weighing machine	1	1
2.	Height chart	1	1
3.	Blood pressure instrument	1	1
4.	Stethoscope	1	1
5.	Torch	1	1
6.	Hammer	1	1
7.	Patient record register	1	1
8.	Case taking Performa	as required	Available
9.	Diet chart pad	as required	Available
10.	Yoga mat	35	35
11.	Yoga stretching belt	10	10
12.	Yoga exercise ball	05	05
13.	Belly twister	02	02
14.	Fitness cycle	01	01
15.	Palm ball	05	05

Additional Items

1	Height Meter		01
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